

Slow Pitch Softball Study Guide

Playing field:

- The lines between the bases are 60' apart and when joined form a DIAMOND
- Inside of the lines is called the INFIELD
- Outside the baselines is called the OUTFIELD, where you can find the LEFT, CENTER, and RIGHT FIELD
- Any ball going outside the 1st and 3rd baseline is called a FOUL BALL

Players:

- There are 10 players on a softball team
- Pitcher and catcher (make up the battery)
- 1st baseman, 2nd baseman, 3rd baseman and shortstop (make up the infield)
- The right outfielder, the right center outfielder, left fielder and left center outfielder. (make up the outfield)

The Game:

- An official game is 7 innings, An INNING is when both teams have had their turn at bat

Pitching:

- The pitcher must have both feet on the pitchers plate and only take one step forward while pitching
- The ball must be thrown underhand and must reach an arc of 6-12 feet
- The pitcher must complete the pitch once started or it is a balk

Batting: The batter is out if:

- Three strikes have been called
- A fly ball is caught
- The batter is hit by the batted ball in fair territory
- The batter bunts or chops the ball

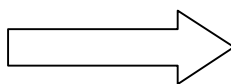
Base Running:

- A batter becomes a base runner upon hitting a fair ball, 4 balls are called, being hit by a pitched ball, or the catcher interferes
- Base runner must touch each base in order
- Only 1st base may be overrun
- A runner may not leave the base until the ball has left the pitchers hand – There is no lead off
- After a fly ball is caught, the runner must tag the base they were just on and then may run
- One runner may not pass another runner
- A runner is out if they are more than 3 feet off the baseline trying to avoid being tagged
- A runner is out if the ball reached the base ahead of a player who is forced to run

Infield Fly Rule:

- If there are runners on first and second, or first second and third and less than two outs, the batter shall be out upon hitting an infield fly- runners hold their bases.

Softball Field and Positions on backside





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|-----------------|-----------------------------|
| 1 – Pitcher | 6 – Short Stop |
| 2 – Catcher | 7 – Left Outfielder |
| 3 – First Base | 8 – Left Center Outfielder |
| 4 – Second Base | 9 – Right Center Outfielder |
| 5 – Third Base | 10 – Right Outfielder |