

MatBall Rules

- Similar to kickball
- Runners must circle the bases twice to score. You may have as many runners on a base at a time. There is no stopping at home base during your first time around the bases (this means you must be able to go from third to home to first all at once).
- If a runner steps off the base they must run to the next base – no going back. There is no leading and there is no tag ups, if a ball is caught in the air it does not matter to the runner.
- Once the pitcher has the ball on the mound (center circle) runners may not leave their bases.
- The fielding team can spread out anywhere throughout the gymnasium. The fielding team may not enter inside the 3 point around home plate until after the ball has been kicked.
- The fielding team may make an out by:
 - Catching a kicked ball before it touches the ground. Off the side walls still count as an out, but not if it touches the bleachers. Off the back wall does not count as an out.
 - You may throw the ball at the base runner when they are off the base (we use a foam ball or old volleyball).
 - If the ball hits the red mats on the wall behind home plate the kicker is out.
 - A kicked ball must go at least outside the 3-point line or the kicker is out.
- Pitches must be rolled, kickable, and over home plate.
- We play with 3 outs and then fielding and kicking teams switch.